



GRAB & GO MENU - WEEK THREE

MONDAY

SPICE TIME

Grab & Go:

Slow Cooked Jerk Chicken with Rice and Peas
Halal Slow Cooked Jerk Chicken with Rice and Peas
Green Veggie Curry Noodles (v)
Pasta with Tomato Sauce and Cheese (v)

Veg/Sides: Broccoli

Dessert: Fruit Flapjack

TUESDAY

WORLD FOOD DAY

Grab & Go:

Meatballs in Gravy with Mashed Potato
Halal Meatballs in Gravy with Mashed Potato
Vegetable Paella (v)
Pasta with Nut Free Pesto (v)

Veg/Sides: Carrots

Dessert: Fresh Fruit

WEDNESDAY ORIGINALS

Grab & Go:

Roast Chicken Drumstick with Seasoned Jacket
Wedges
Halal Roast Chicken Drumstick with Seasoned Jacket
Wedges
Vegetable Spring Roll with Seasoned Jacket
Wedges (v)
Pasta with Tomato Sauce and Cheese (v)

Veg/Sides: Cauliflower

Dessert: Tropical Fruit Sponge

THURSDAY

STREET FOOD DAY

Grab & Go:

Korean Stir Fry Chicken with Rice
Halal Korean Stir Fry Chicken with Rice
Sweet Potato and Lentil Dahl with Naan (v)
Pasta with Nut Free Pesto (v)

Veg/Sides: Sweetcorn

Dessert: Chocolate Shortbread

FRIDAY

FAVOURITES

Grab & Go:

Fish and Chips
BBQ Vegan Sausage Dog with Chips (v)
Pasta with Tomato Sauce and Cheese (v)

Veg/Sides: Baked Beans

Dessert: Berry Crumble Slice

Allergy information available on request.