

Guidelines for Students during forced closure

- Students should try to stick to a routine throughout school closure to help them cope with the shutdown. This includes a wake-up time and time to go to bed. Time for breaks and relaxation, as well as exercise. A template can be found at the bottom of this letter.
- Students are expected to work from home as directed by their class teacher via show my homework. (if there are problems with SMHW please email mirr@mayfieldschool.net)
- If a student falls ill or is helping with another family member who has fallen ill we would not expect students to work during this period. If students could let their teacher know where possible. (this could be sent to the teacher through show my homework or to their Year Group Leader by email)
- Students are not expected to follow a normal school timetable but are advised to do a few hours of schoolwork each day. At KS3 students should try to work for core subjects twice a week and all other subjects once a week.
- For GCSE and A level students should work for each subject 2 – 3 times a week or more if completing work for NEA.
- Students studying for GCSE and A levels should continue with the work set for them. If they have been asked to complete any exam style questions or essays, then these should be submitted to the teacher.
- Students should try to read at home where possible. In the absence of libraries being open Amazon are offering free online books whilst schools are closed and can be accessed here: <https://stories.audible.com/start-listen>.
- Students should make sure that they are exercising inside the house or in the garden daily for their own health and well-being. One possible way of doing this is Joe Wicks You tube channel (<https://www.youtube.com/user/thebodycoach1>)
- Form tutors and Year Group Leaders are setting work for tutorial focused on well-being and mindfulness. Please engage in this on a regular basis (once a week) to make sure you are staying emotionally and mentally fit.
- The school may adapt and change these guidelines as more information from the government becomes apparent. The school may participate in other online platforms as a way to more meaningfully engage students in their learning at home.

As well as all of the above some specific guidelines for Year 13

What does this mean for your UCAS application?

UCAS are working with universities and colleges and the Government to support you in these unprecedented times. The Government has asked universities to *stop making unconditional offers or amending existing offers for two weeks*. This is because they're worried you'll feel pressured to accept these offers over others you might be better suited to. **Our advice to students who have received an unconditional offer is always to consider whether this is the right provider and course for you, before you make any decision.**

To give you time to make your decisions – and to understand more about how qualifications will be awarded this summer, UCAS have **extended**:

- May's offer deadline for UCAS Undergraduate applicants
<https://www.ucas.com/undergraduate/after-you-apply/coronavirus-covid-19-latest-updates>

During this time, it's important to remember that places are not decided on grades alone. Information in your personal statement and reference are part of the decision-making process along with your interview, portfolio, audition, and any other information that's relevant to your potential to succeed on an undergraduate course.

- Should you have *any* further questions regarding UCAS offers please email Miss Sambhi and Mrs Pillay.
- Year 13 are encouraged to research recommended reading available for their chosen degree subject.
- If a student has a concern, then in the first instance they should contact their Year Group Leader and Assistant Year Group Leader.
 - Year 7: warmingera@mayfieldschool.net
 - Year 8: smiths@mayfieldschool.net, hollingsworthm@mayfieldschool.net
 - Year 9: barlingm@mayfieldschool.net, ferreiraj@mayfieldschool.net
 - Year 10: southgatea@mayfieldschool.net, ramseya@mayfieldschool.net
 - Year 11: waltersr@mayfieldschool.net, ashwelln@mayfieldschool.net
 - 6th form: pillays@mayfieldschool.net, mccarthy@mayfieldschool.net, spicerw@mayfieldschool.net
- If you are still having any further issues, then please contact the relevant member of SLT.
 - Year 7 & 8: ferrarg@mayfieldschool.net
 - Year 9 & 10: tuckerj@mayfieldschool.net
 - Year 11: marshama@mayfieldschool.net
 - 6th form: sambih@mayfieldschool.net

Thank you for your continued support during this difficult period.

Example Weekly Routine

Day	Set time to wake up	Exercise	Morning session	Break	Afternoon session	Break	Evening session	Set time to go to bed
Monday								
Tuesday								
Wednesday								
Thursday								
Friday								

- Exercise and Breaks can be introduced as much as you like.
- Ensure you get some fresh air each day.
- Reduce/Restrict time on social media/gaming devices